



CYPT CA MONTHLY NEWSLETTER

The Point



May 17th 2020

CYPT NEWS:

The Point: The “name the newsletter” contest is over and has been won by Jim and Carol Suhr-who will receive a fabulous prize for their efforts. After Jim suggested the name I wonder why I never thought of it first. Oh well, writer’s block I guess.

Garage Sale: Both the primary and alternate dates have come and gone due to the pandemic restrictions. Let us tentatively suggest 11 and 18 July as the new primary and alternate.

Yard Contest: After a grueling survey your team of judges awarded first prize to Elena and Fred Welch at 5209 Chipping Lane as the overall winners with 2nd place going to the Gallops at 5325 North Pointe and 3rd Place to Carol and Jim Suhr at 1113 Chipping Court.

Website: For any of you that haven't been there yet please take a look at our association website at www.cyptca.com. Full of interesting stuff- ok, some dull stuff too like the bylaws but it is still under development and only costs us \$9.00 a year.

Animals in the Window: I guess a fad has started with the pandemic to mount some sort of stuffed animal in your window for children to spot in cars as part of a scavenger hunt. We have a bear in our window.

Crime Stats: Sorry; the VB ePRO system is down today.

Scam Alerts: According to AARP most scams fall into one of the following categories. All scams prey on emotions.

- Phantom Riches: you've won a big prize but need to cover "a few" costs upfront. Also "dream dates"
- Fear: Grandchild in trouble, IRS audit, missed jury duty etc.
- Intimidation: Threatening to reveal your information
- Scarcity: Act now before something is all gone
- Source Credibility: "Officials" representing FBI, IRS, Police, Bank
- Commitment: Get you to follow up on a promise they extract
- Reciprocity: They offer you something to entice you.

CITY NEWS:

Lighting the Path: Together We Remember 5/31

Please join us to remember those we lost on the day that changed our lives and our community forever. We had plans for a ceremony and other special events to commemorate this day. And then, COVID-19 happened. Our plans have been adapted to create ways we can commemorate the day without compelling anyone to leave home or gather together. Great care has been taken to include a variety of activities that allow us to remember and reflect in our own ways and our own time. Individually, the different activities each have meaning. Taken together, we hope you will see we have created a full program while recognizing the realities of the pandemic. Check back here on May 31, 2020 for the virtual ceremony. It will be posted at 4:06 p.m.

Virginia Beach Welcomes Phase I Re-openings

Friday, May 15, 2020

Like much of the rest of the state, Virginia Beach is preparing for today's Phase I reopenings as outlined in the Governor's [Forward Virginia](#) plan. Many aspects of Phase I remain unchanged from what has been in place for the last several weeks. For example:

- Beaches are restricted to exercise and fishing only
- Entertainment and public amusement facilities remain closed
- Fitness and exercise facilities remain closed (outdoor fitness classes allowed)
- Gatherings limited to 10 people
- Schools and overnight summer camps remain closed
- Teleworking and wearing face coverings are strongly encouraged
- Childcare is open for working families

However, increased activity is being allowed in several key areas. Among them:

- Restaurants are being allowed to provide service in outdoor seating areas at 50% capacity. The Virginia Beach City Council yesterday approved temporary changes to the City Code to provide restaurants with options to expand outdoor seating
- Non-essential retail businesses can open with 50% capacity
- Personal grooming businesses can open by appointment only
- Private campgrounds can open
- Overnight use of state parks will be introduced in phases/over time

Supplier Portal Contact Form

Welcome to Our Supplier Portal Contact Form! (Found at VBGov.com)

The City of Virginia Beach is committed to delivering a more modern experience for citizens, visitors and other stakeholders. The City's online Supplier Portal will soon become your main gateway to procurement and contract opportunities. Our new portal will offer a simple, secure way to:

- View and respond to bids
- Access purchase orders and invoices
- Track payment status
- Update company information

If your company has provided goods and services to the City or would like to do so in the future, we encourage you to complete this contact form *by June 1, 2020*. Please make sure the information you enter is accurate and current. We will use this information to send you the latest updates about the portal, upcoming opportunities, payments and other accounts payable and procurement matters.

Note: Businesses that provide goods or services to the City of Virginia Beach are referred to as "suppliers." This term is often interchangeable with vendors, contractors, bidders, proposers and consultants.

Coronavirus (all below found at VBGov.com)

The City of Virginia Beach continues to monitor and adjust to changing conditions related to the Novel Coronavirus COVID-19. There are national, state and local declarations of emergency in place and we are following the guidance from the Virginia Department of Health as well the Centers for Disease Control and Prevention (CDC) to provide for the safety of our citizens and employees

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COVID-19 testing may be available at your doctor's office, urgent care center, pharmacy, or other healthcare clinic. Some testing sites in Virginia are offering community testing events, such as drive-thru testing. Each site has different policies and procedures for testing and billing; please reach out to the individual site for information about testing availability.

Your doctor will decide if you need a test for COVID-19. If they decide that testing is needed, they might collect samples to test you or tell you where you can go to be tested. Not everyone needs to be tested. Most people who have COVID-19 are able to recover at home without medical care.

Costs

Many health insurance plans cover the cost of testing and related health care costs. For specific information about your health insurance coverage, call your insurance company. Most insurance covers testing cost without a co-pay.

Uninsured or under-insured people in Virginia with COVID-19 symptoms can get tested through the state public health lab for free. Please contact a free clinic, federally qualified health center, or emergency department to have the specimen collected. Your local health department can help you get connected with one of these places for testing.

Testing Sites

The Virginia Department of Health has an interactive [COVID-19 Testing Sites Map](#) which provides information of known locations of various COVID-19 test sampling sites and does not constitute endorsement by VDH.

There may be additional sites that offer test sampling that are not included on the map and the status of listed sites are subject to change (may no longer perform COVID-19 testing services).