

# CYPT CA MONTHLY NEWSLETTER

The Point

10/20/2020



#### **ASSOCIATION NEWS:**

November Meeting: Is scheduled for Tuesday, November 17<sup>th</sup>. We got lucky in September and had our meeting in the club parking lot. We can't count on good weather in November and we know we'll run out of light. I'm very hesitant to try to go inside at the club or at a school gym or something like that due to COVID so we'll try an electronic meeting using Zoom. I've never hosted a Zoom call so it will be a learning experience-please bear with me. Just before the meeting I'll send out a link to all association members via email. Prior to the meeting you should install Zoom. It's free and not to worryit's secure. Five minutes or so before 7PM on 17 November you click on that link I send you and it takes you to the meeting. We are limited to 40 minutes.

**2021 Budget:** The key reason for our November meeting are requirements of our by-laws. Item one is the 2021 budget. As stated in our September meeting the budget for next year looks similar to this year except we've added a \$500.00 allocation for a security camera to be posted at the entrance and a \$500.00 scholarship for a junior (non-voting) board member.

<u>2021 Officers</u>: The second main reason for a meeting is the election of board officers. To date no one from outside the current board has volunteered so the slate of candidates is:

President Bill Filbert

1<sup>st</sup> VP: Mike Jordan

2<sup>nd</sup> VP: Wes Neal

Treasurer: Larry Rossen Secretary: Pam Shields

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Although I'd like to see you on the Zoom call you can vote by e-mail. All you need to do is to respond back to this newsletter by saying "YES, I SUPPORT THE PROPOSED BUDGET AS WELL AS THE SLATE OF CANDIDATES". A minimum of 20 households are required to establish a quorum.

<u>General Election:</u> And while we are on the subject of voting please don't forget to exercise your right to vote. Due to the pandemic and other factors it might be a good idea to develop a plan instead of just dropping by whenever the urge strikes you. You have a lot more early options this year. For those of you who I see at the Methodist church on Haygood every election I have been transferred to the Baptist church across the street.

#### Cyber Attacks: From USAA:

- Make sure you know who you are communicating with
- Report suspicious texts and emails to abuse@usaa.com
- Don't let online shopping scams trick you
- Layer your protection with multifactor authentication
- Be alert-monitor your accounts regularly
- Watch out for "phishing"-people trying to get your information
- Watch out for "mimics"-people posing as organizations
- Set preferences for digital information-avoid US mailbox thefts

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#### **CYPT Crime Stats:**

Reporting Period: 09/15/2020 - 10/20/2020

Crime Subset: All Crimes

Neighborhood: CYPRESS POINT 7 crimes found. **Download** 

	100		Date	
Neighborhood	Block#	<b>Street Name</b>	Reported	<b>Crime Description (Crime Code)</b>
CYPRESS POINT	5300-blk	BROOKSTONE LA	09/21/2020	LARCENY, FROM MOTOR VEHICLE (23F)
CYPRESS POINT	5300-blk	BROOKSTONE LA	09/21/2020	TAMPERING WITH AUTO (290G)
CYPRESS POINT	5100-blk	CYPRESS POINT CI	10/07/2020	ASSAULT, SIMPLE, DOMESTIC (13B2)
CYPRESS POINT	5100-blk	CYPRESS POINT CI	10/07/2020	ASSAULT, SIMPLE, DOMESTIC (13B2)
CYPRESS POINT	5100-blk	CYPRESS POINT CI	10/07/2020	*LARCENY, ALL OTHERS (23H)
CYPRESS POINT	5100-blk	CYPRESS POINT CI	10/07/2020	ASSAULT, SIMPLE, DOMESTIC (13B2)
CYPRESS POINT	5100-blk	CYPRESS POINT CI	10/07/2020	*LARCENY, ALL OTHERS (23H)

#### In the Garden: From Pam Shields

Fall Gardening is here! Now that we have cooler weather, it's time to get our landscapes ready for winter. Overseeding the lawn with fescue keeps the grass green through the winter. Don't delay if you haven't already planted the seed. Early Fall is also time to plant trees, shrubs and perennials, so they have time to establish their root systems before the summer heat. Be sure to keep them watered well, if we don't have sufficient rain. Pansies, marigolds and mums are available in gardening centers and many other stores, so stock up now. Plant two or three small pansies in the same hole, if they are small, for maximum impact. This is also the time to start your fall vegetable garden, with carrots, kale and cabbage. And leave the seed pods from coneflowers, milkweed and sunflowers – the birds will thank you!

Welcoming Committee: From Bob and Sandy Morgan In February, when Sandy and I volunteered to stop by and welcome every new CYPT resident, we had no idea how the Coronavirus would impact that commitment. We offer our warmest greetings to everyone who moved in this year. We would love to meet you in the not-too-distant future. Having lived in Cypress Point for more than 20 years, we have found it to be a friendly, safe and quiet neighborhood with a wonderful collection of pleasant and interesting neighbors. If at any point you'd like to meet more neighbors, we'd be glad to introduce you to some great people. Hopefully we'll see you at an upcoming CYPTCA meeting, or feel free to say hi on our near-daily walks or bike rides around the neighborhood. I'm the gray-haired fellow with glasses that is always trying to keep up with the wife

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#### Scam Alert: COVID Scams: from Tom Wood, Watch Coordinator

Learn how to tell the difference between a real contact tracer and a scammer. Legitimate tracers need health information, not money or personal financial information. Don't respond to texts, emails or calls about checks from the government. Here's what you need to know.

- Ignore offers for vaccinations and home test kits. Scammers are selling products to treat or prevent COVID-19 without proof that they work.
- Be wary of ads for test kits. Most test kits being advertised have not been approved by the FDA, and aren't necessarily accurate.
- Hang up on robocalls. Scammers are using illegal robocalls to pitch everything from low-priced health insurance to work-at-home schemes.
- Watch for emails claiming to be from the CDC or WHO. Use sites like <u>coronavirus.gov</u> and <u>usa.gov/coronavirus</u> to get the latest information. And don't click on links from sources you don't know.
- Do your homework when it comes to donations. Never donate in cash, by gift card, or by wiring money.

#### FIRE SAFETY: From Mike Jordan and the VB Fire Department

- The kitchen is the heart of most homes and as we prepare for the holidays, the Virginia Beach Fire Department has a warning for all families.
- Just a moment away from the stove can lead to a race against the clock in the kitchen.
- Virginia Beach firefighters demonstrated how that can easily happen in any home during a fire demo on Wednesday. The presentation was part of National Fire Prevention Week. This year's campaign theme is "Serve Up Fire Safety in the Kitchen."
- "For the first nine months of this year, in Virginia Beach alone, we responded to well over 60 kitchen fires," said Virginia Beach Fire Department Spokesperson Art Kohn.
- Kohn said firefighters even responded to a kitchen fire on Wednesday morning.
- "Unattended cooking is the leading cause for residential fires and the second leading cause for home fire injuries," Kohn said.
- Kohn said people should put out smaller fires by first turning off the stove and covering the flames with a metal lid.
- Baking soda also does the trick.
- "Don't try to pick up that pan and move it," Kohn said.
- Kohn said a small kitchen fire can create a lot more damage and even turn deadly if people try to throw water on it. He said it's the last thing you should do.
- "We've all heard the expression it's like throwing gasoline on a fire," Kohn said. "Well, you see what happens when you throw water on a grease fire."
- In a study, the National Fire Prevention Association reported that between 2014 and 2018 U.S. firefighters battled more than 172,000 house fires per year that started in the kitchen. They caused more than 500 deaths and over 4,000 injuries.
- "They are often relatively small fires contained to the point of origin, yet people are dying in these fires," Kohn said. "So, that's why it is important."
- Kohn said a golden rule is to never leave the stove unattended.
- "The things that are common sense are the things that we are most likely to take for granted," Kohn said. "That's why simple stuff like this, we have to keep in mind.

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## **VB City News:**

#### October Is Domestic Violence Awareness Month

The COVID-19 pandemic has changed everyone's day-to-day lives, but it has been especially harrowing for those living with domestic abuse. As the COVID-19 pandemic wears on and Americans are encouraged to stay home to protect themselves and their communities, it is important to recognize that home may not be a safe haven for families who experience domestic violence.

#### Create a plan if someone you are living with is:

- verbally or emotionally hurtful
- threatening you
- having episodes of explosive anger
- harming animals

#### Take Steps for Your Own Safety and the Safety of Others

- Identify a place to which you can retreat safely. Avoid the bathroom or kitchen
- Enlist support from a trusted friend or family member you can call
- If necessary, determine a code word or phrase to indicate to friends or family you need help
- Memorize the phone numbers of people and agencies you might need to call in an emergency

#### Make sure you can easily access:

- cash
- identification (Social Security card and driver's license)
- birth and marriage certificates
- credit cards, safe deposit box keys and bank information
- health insurance information
- any documentation, photos, medical or police reports relating to previous abusive episodes

Virginia Beach Human Services refers survivors to Samaritan House at 2060 Southern Blvd. Samaritan House can be reached during regular business hours at 757-631-0710 and the 24-hour crisis hotline is 757-430-2120. The State Domestic Violence Hotline is 1-800-838-8238 and the National Domestic Violence Hotline is 1-800-799-SAFE (7233).

## Guide to Early and Mail-In Voting

Voting has already begun. Learn how to register, how to vote and know the deadlines for both.

Thanks to new legislation passed by the Virginia General Assembly, Virginia voters no longer need an excuse to vote absentee. Any registered voter may request an absentee mail-in ballot or vote early in-person for any reason, including a desire to minimize exposure to COVID.

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## Mail in/Absentee Voting

Absentee ballots are now available. To request a ballot be mailed to you for the Nov. 3, 2020, General Election, you must be registered to vote in Virginia Beach and submit a <u>Virginia Vote by Mail Application</u>. The deadline to submit the application is Friday, Oct. 23 at 5 p.m. and your ballot will be mailed upon receipt of a completed application.

Applications cannot be accepted if they are incomplete and must contain the last four digits of your social security number and your signature.

Once you receive your ballot and have filled it out, return it to the City of Virginia Beach Voter Registration & Elections Office by 7 p.m. on Election Day (Nov. 3) or postmarked on or before Election Day and received by noon on the third day after the election.

Please note that the U.S. Postal Service's delivery standards have changed so that First Class delivery went from 1-3 days to 2-5 days and Standard delivery is now 2-9 days. Consider this when voting by mail.

Submit your vote by mail application form online, via email to <a href="mailto:grabsenteevote@vbgov.com">grabsenteevote@vbgov.com</a> or mail to: Director of Elections/General Registrar City of Virginia Beach Voter Registration & Elections P. O. Box 6247 Virginia Beach, VA 23456-0247

## Early In-Person Voting

Same-day early voting is currently underway in all Virginia localities. Early in-person voters are no longer required to complete an application prior to casting their ballot and no appointment is required. The experience will be similar to voting at your polling location on Election Day. Once you are checked in, you will receive a paper ballot to mark and be directed to the voting unit where your ballot will be scanned and tabulated. The entire process only takes a few minutes.

Voter Registration & Elections Municipal Center, Building 14 2449 Princess Anne Rd.

Bayside Recreation Center Great Neck Recreation Center Seatack Recreation Center Kempsville Treasurer's Office

If you are 65 or older or have a physical disability, you may vote curbside.

You may view in-person early voting estimated wait times at VBgov.com/Voter