

# CYPT CA VB MONTHLY NEWSLETTER

The Point

01/16/2022



## **ASSOCIATION NEWS:**

<u>CAC (Citizens Advisory Committee) Meetings</u>: Next meeting will be 6:30 on 20 January at the Williams Farm Rec Center. Meeting is free and all are invited.

<u>Holiday Lights Contest</u>: Your distinguished panel of judges has selected the top three contestants:



1<sup>st</sup> Place

W Special Car

2<sup>nd</sup> Place



3<sup>rd</sup> Place

1086 Backwoods

1125 Chipping Ct

1269 Course View

<u>Sad News:</u> We have been informed that a good friend of Cypress Point, MPO David Nieves, is currently fighting hard in the hospital with COVID and other complications. Your board has authorized a donation via the GOFUNDME app and we hope and pray for a speedy recovery.

<u>New Board Members:</u> As per last year's election we say goodbye to Larry Rossen and Pam Shields and hello to John Bilzor and Ron Lee.

#### **Safety Patrol-**

#### **Cold Weather Driving Tips**

- Keep a bundle of cold-weather gear in your car, such as extra food and water, warm clothing, a flashlight, a glass scraper, blankets, medications, and more.
- Make certain your tires are properly inflated and have plenty of tread.
- Keep at least half a tank of fuel in your vehicle at all times.
- Never warm up a vehicle in an enclosed area, such as a garage.
- Do not use cruise control when driving on any slippery surface, such as on ice and snow.

#### Tips for Driving in the Snow

- **Stay home**. Only go out if necessary. Even if you can drive well in bad weather, it's better to avoid taking unnecessary risks by venturing out.
- **Drive slowly**. Always adjust your speed down to account for lower traction when driving on snow or ice.
- Accelerate and decelerate slowly. Apply the gas slowly to regain traction and avoid skids. Don't try to get moving in a hurry and take time to slow down for a stoplight. Remember: It takes longer to slow down on icy roads.
- Increase your following distance to five to six seconds. This increased
  margin of safety will provide the longer distance needed if you have to
  stop.
- Know your brakes. Whether you have antilock brakes or not, keep the heel
  of your foot on the floor and use the ball of your foot to apply firm, steady
  pressure on the brake pedal.
- **Don't stop if you can avoid it**. There's a big difference in the amount of inertia it takes to start moving from a full stop versus how much it takes to get moving while still rolling. If you can slow down enough to keep rolling until a traffic light changes, do it.
- **Don't power up hills**. Applying extra gas on snow-covered roads will just make your wheels spin. Try to get a little inertia going before you reach the hill and let that inertia carry you to the top. As you reach the crest of the hill, reduce your speed and proceed downhill slowly.
- **Don't stop going up a hill**. There's nothing worse than trying to get moving up a hill on an icy road. Get some inertia going on a flat roadway before you take on the hill.

#### In the Garden:

Plan for spring. Instead of working on the fly, make a detailed plan for your garden for the coming year. Review your notes from last year, map out any changes to beds or plants, create a list of seeds to buy and when to start them. Start buying. If you haven't purchased seeds yet, now is the time to do it. January is the prime time for stocking up on seeds for the coming season. This is also a great time to share and trade seeds with fellow gardeners. Prune. Pruning shrubs and trees during dormancy is best. In winter you can see all the branches, making it easier to shape and identify damaged or diseased areas that should be removed. Leave spring flowering plants alone until after blooming though. Start certain seeds indoors. You may want to start some of your slower growing, cold season vegetables indoors now. This includes things like onions and leeks, beets, Brussels sprouts, and cabbage. Spot check and protect. Instead of ignoring the dormant garden for the season, get out there and check on plants regularly. Some may need additional protection. For instance, you may need to add some more mulch around plants with roots that are frost-heaving. Or some plants may require additional staking because of heavy winds and ice.

#### **Car Care Shop** (from Wes Neal)

Wintertime can be hard on any vehicle. As expensive both used and new cars are these days, taking a few minutes on our daily driver can be a good investment. Here are a few winter tips:

- 1) Make sure your wiper/washer tank if full of washer fluid. Not only does it help to keep the windshield clean when you need it, the proper fluid also has an anti-freeze that prevents the lines and pump from freezing. Also winter is a good time to replace old wipers.
- 2) With the sun low and the days short this time of year, I always suggest an application of Rain-X on your windshield to keep it clean and much easier to see when it rains, freezing rains, or snows.
- 3) For safety and easier steering. Check you tire pressures. You can lose 3-4 pounds per tire with temperature changes. Always set to the recommended levels that are stated on the driver's door column. Do not over fill or under fill.
- 4) On one of our good winter days, a good wash and even wax, is a great investment in your vehicle. Turtle Wax makes a Ceramic wash that does both, and you would be impressed on how much better your vehicle looks.
- 5) For a quick inside clean, open your doors and use your yard blower. With a careful aim, it will do a surprising job getting the leaves, grit, and dirt out of your car.

#### **History Corner:**

January 1, 1863 - The Emancipation Proclamation by President Abraham Lincoln freed the slaves in the states rebelling against the Union.

January 3, 1777 - During the <u>American Revolution</u>, General George Washington defeated the British at Princeton and drove them back toward New Brunswick.

January 8, 1815 - The <u>Battle of New Orleans</u> occurred as General Andrew Jackson and American troops defended themselves against a British attack.

January 10, 1776 - <u>Common Sense</u>, a fifty page pamphlet by Thomas Paine, was published.

January 16, 1991 - The war against Iraq began as Allied aircraft conducted a major raid against Iraqi air defenses.

January 21, 1954 - The USS Nautilus, the world's first nuclear powered submarine, was launched at Groton, Connecticut.

January 24, 1848 - The California gold rush began with the accidental discovery of the precious metal near Coloma during construction of a Sutter's sawmill

January 25, 1959 - An American Airlines Boeing 707 made the first scheduled transcontinental U.S. flight, traveling from California to New York.

January 28, 1915 - The U.S. Coast Guard was created by an Act of Congress, combining the Life Saving Service and the Revenue Cutter Service.

January 28, 1986 - The U.S. Space Shuttle <u>Challenger</u> exploded 74 seconds into its flight, killing seven persons.

<u>Website:</u> Don't forget to check out our website from time to time. Located at: https://cyptca.com/

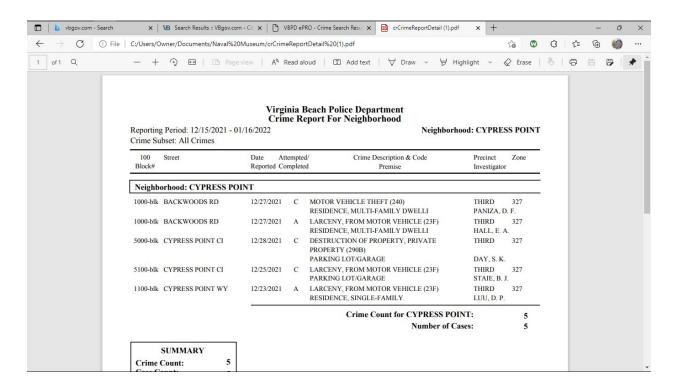
<u>Annual Hardcopy Newsletter:</u> Very shortly we will be hand delivering the annual hardcopy newsletter to your residence. It will be under the mat or wedged in your storm door. Please fill out and return the form found on the last page with your check to the Treasurer.

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#### **Crime Prevention:**

- <u>a.</u> Beware of surge in <u>counterfeit postage stamps</u>, sold on various social media platforms such as Facebook. A 1<sup>st</sup> class Forever stamp costs 58 cents right now. If prices are dirt cheap you are probably being cheated.
- **b.** <u>Keep your wallet safe</u>. Clear out the clutter. Make photocopies of all your key items which will help if the real things get lost or stolen. Don't store the originals of your Social Security card, COVID vaccination card, birth certificate, list of passwords, library card, passport, work ID, or checks. Most of these can be uploaded to a secure site. Purchase an aluminum or special wallet that defeats people from electronically stealing your account numbers.
- **<u>c.</u>** Porch Pirates: Retrieve packages as soon as possible. Have sender require a signature for delivery, pick up your packages somewhere else, have a neighbor pick up your stuff, put a hold on your mail if going out of town, consider a door camera, try to establish a good hidden or secure location.

# **Crime Stats:** (from VBGov.com)



#### **CITY NEWS:**

2022 Winter Wildlife Festival registration is now open. Click here to register.



# WebEx Live WWF: The Marvels of Bird Migration | January 15 @ 4:00pm

Birds who visit Hampton Roads in the winter time endure many challenges and risks on their way to warmer climates. Join us as we share the picture book Numenia and the Hurricane and learn some amazing facts about bird migration. This program is part of the 2021 Winter Wildlife Festival, and is aimed at young birdwatchers and their families. Grades 1-5, Registration required.

## Virginia Beach Fire Department is Hiring

The VBFD is currently accepting candidate applications (approx. 50+ vacancies) for its next two academies. Applications for Firefighter Recruit and Certified Firefighter will be accepted online at vbgovcareers.com through 11:59 p.m., Monday, Jan. 24, 2022, with first academy tentatively starting in August.

# Get Local Emergency Alerts on Your Phone from VBAlert

From severe weather to public safety situations, emergencies can happen at any time. Stay informed with VBAlert, the City's free emergency notification service, at home and on the go. To register, simply text "VBAlert" to 67283 or visit <a href="https://www.VBgov.com/vbalert">www.VBgov.com/vbalert</a>.

# Modified Virginia Beach Winter Shelter Operations

Due to the increase in positive cases of COVID-19 in our community, Winter Shelter operations in Virginia Beach will be modified to provide non-congregate shelter in order to promote the health and safety of homeless individuals and Winter Shelter staff and volunteers. There will be no new Winter Shelter registrations and referrals effective Jan. 14. Individuals who have already accessed Winter Shelter will be assessed and prioritized for the non-congregate shelter program.