

CYPT CA VB
MONTHLY
NEWSLETTER

The Point

11/20/2023



ASSOCIATION NEWS:

CAC (Citizens Advisory Committee) Meeting: Our most recent meeting was Thursday, 16 November at Williams Farm Rec Center. Our guest speaker was Tommy DiMartini who is in charge of VB Schools security. He talked on a range of interesting topics. We also discussed the annual 3rd Precinct Thanksgiving Feast held the day before at the station house. All of the officers enjoyed the food. The Association made a donation as did one of our long-standing members. We also were able to secure over \$1600 in food donations by several local operations which really livened things up.

Association Meeting: We had our last regular association meeting of the year on Tuesday, 14 November. Our guest speaker was Renee McKinnon from the VB office of Emergency Management. She reviewed several important topics and promised to review our own emergency plan, CPERT. To this end David Gonzalez reviewed several key elements of the plan with the attendees. We concluded our election cycle with a quorum present and the entire slate as described in previous letters voted in. We will need a new 2nd Vice President on the ballot for 2025 –just to get you all tuned in.

<u>Power Outages and other Irritations.</u> Did you know that there is an app for reporting any number of different issues in the community, such as potholes, street lights out, traffic lights out etc.? Any citizen can download the app and report. It is called **VBWorks** (used to be See Click Fix). You'll have to set up a user name and password but after that it is extremely easy to use. You can load on your laptop or any other mobile device.

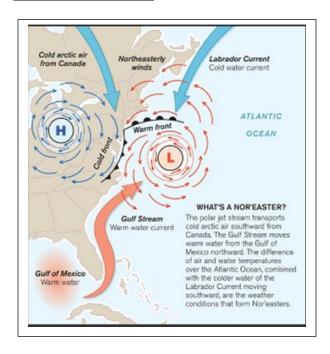


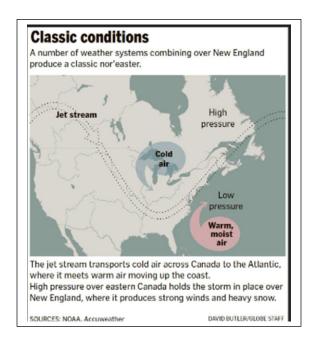
<u>Website:</u> Don't forget to check out our website from time to time. You'll find it located at: https://cyptca.com/.

A New Fall Event: We had our first food drive in conjunction with the Food Bank's Mayflower Marathon this year. I weighed up the donations at just over 200 pounds from about 14 residents this year, to include a very generous donation of a turkey. The food was delivered to the Food Bank at their event on Saturday night, November 18th. I'm hoping that we do even better next year.



Disaster Prep- Nor'easter





A Nor'easter is a storm along the East Coast of North America, so called because the winds over the coastal area are typically from the northeast. These storms may occur at any time of year but are most frequent and most violent between September and April. Some well known Nor'easters include the notorious Blizzard of 1888, the "Ash Wednesday" storm of March 1962, the New England Blizzard of February 1978, the March 1993 "Superstorm" and the recent Boston snowstorms of January and February 2015. Past Nor'easters have been responsible for billions of dollars in damage, severe economic, transportation and human disruption, and in some cases, disastrous coastal flooding. Damage from the worst storms can exceed a billion dollars.

Nor'easters usually develop in the latitudes between Georgia and New Jersey, within 100 miles east or west of the East Coast. These storms progress generally northeastward and typically attain maximum intensity near New England and the Maritime Provinces of Canada. They nearly always bring precipitation in the form of heavy rain or snow, as well as winds of gale force, rough seas, and, occasionally, coastal flooding to the affected regions. The heavily populated region between Washington D.C., Philadelphia, New York and Boston, the "I-95 Corridor," is especially impacted by Nor'easters.

The U.S. East Coast provides an ideal breeding ground for Nor'easters. During winter, the polar jet stream transports cold Arctic air southward across the plains of Canada and the United States, then eastward toward the Atlantic Ocean where warm air from the Gulf of Mexico and the Atlantic tries to move northward. The warm waters of the Gulf Stream help keep the coastal waters relatively mild during the winter, which in turn helps warm the cold winter air over the water. This difference in temperature between the warm air over the water and cold Arctic air over the land is the fuel that feeds Nor'easters.

Weather forecasters at NWS local forecast offices around the country and at the National Centers for Environmental Prediction near Washington, D.C., monitor conditions conducive for Nor'easters, especially during the fall and winter. When they see conditions are favorable in the upcoming days, forecasters may issue winter storm, blizzard, high wind and coastal flood watches to alert the public that some of the worst effects of Nor'easters might be possible. If conditions are imminent, those watches are changed to warnings.

Follow <u>weather.gov</u> to get the latest forecasts and warnings. If a Nor'easter threatens your home town, take steps to prepare, such as having three days of food, water and other provisions in a <u>disaster supplies kit</u>. A Nor'easter could cut power and leave you in the dark. Also, sit down with your family and create an <u>emergency communications plan</u> so your loved ones know how to stay in touch if you are separated. Stay off the roads if advised by local authorities and <u>never drive into flood waters</u>. These simple actions will help you stay safe during a Nor'easte

Crime Prevention:

If your area looks disorganized and unkempt, it may attract crime. Criminals are more likely to assume they can get away with something if it looks like people don't care about the neighborhood. Host a block cleanup event where neighbors get together and clean up litter, or take matters into your own hand and mow the grass in that vacant lot down the street. By fixing the area up, you'll deter criminals from hanging around in your area.

- •Cleaning up and painting over the graffiti in your neighborhood is a great way to make it look nicer.
- •This is a phenomenon known as broken window theory. The premise is that small signs of decay—like broken windows—send a psychological message that law and order are not being enforced. It's a hotly-debated idea, but there's evidence that it has merit.

The stronger your community is, the safer it will be. Introduce yourself to the people on your block, hang out outside and wave to folks as they walk by, and chat it up with the people in your neighborhood. Not only will it be easier to start programs and spot suspicious people in your neighborhood if you know everyone, but it will huge deterrent to criminals if they catch a glimpse of the unity in your neighborhood.

- Criminals don't like to be challenged. If a burglar is driving around looking for houses to break into, they're going to be put-off if they see a bunch of folks in the neighborhood chatting it up.
- There's a strategy you can use here known as positive loitering. The premise is that if you hang out outside with people in the neighborhood, you can keep your eyes peeled and show criminals that they aren't welcome.
- The occasional block party or garage sale are a great way to get to know your neighbors!

Cypress Point Crime Stats: Year to Date:

Date_Occur	Offense_Description	Block	Street	Case_Status
2023/01/01	FRAUD, ALL OTHERS	5200	CHIPPING LN	PENDING - INACTIVE
2023/04/11	LARCENY, FROM MOTOR VEHICLE	1000	BACKWOODS RD	PENDING - INACTIVE
2023/04/20	DRUG/ NARCOTIC VIOLATIONS	1000	BACKWOODS RD	CLEARED BY ARREST
2023/06/13	FRAUD, IDENTITY THEFT	5200	CLUB HEAD RD	PENDING - INACTIVE
2023/06/13	ANNOYING PHONE CALLS/ HARASSING COMN	5500	CLUB HEAD RD	PENDING - INACTIVE
2023/06/19	LARCENY, FROM MOTOR VEHICLE	1200	LAWSON COVE CIR	PENDING - ACTIVE
2023/06/28	MOTOR VEHICLE THEFT	1000	BACKWOODS RD	PENDING - INACTIVE
2023/08/13	LARCENY, ALL OTHERS	1200	FOURSOME LN	PENDING - ACTIVE
2023/08/15	FRAUD, IDENTITY THEFT	1000	BACKWOODS RD	PENDING - INACTIVE
2023/09/03	ASSAULT, SIMPLE, DOMESTIC	5200	CLUB HEAD RD	CLEARED BY ARREST
2023/10/23	FOUND PROPERTY	5400	CLUB HEAD RD	PENDING - ACTIVE
2023/10/29	FRAUD, IDENTITY THEFT	5100	CYPRESS POINT CIR	PENDING - ACTIVE

Safety Patrol for November: Food Poisoning Is No Joke

Keep your holidays happy by handling food safely. The <u>foodsafety.gov</u> website from the U.S. Department of Health and Human Services provides some valuable <u>holiday food safety tips</u>:

- Wash your hands frequently when handling food
- Keep raw meat away from fresh produce
- Use separate cutting boards, plates and utensils for uncooked and cooked meats to avoid cross-contamination
- Use a food thermometer to make sure meat is cooked to a safe temperature
- Refrigerate hot or cold leftover food within two hours of being served
- When storing turkey, cut the leftovers in small pieces so they will chill quickly
- Thanksgiving leftovers are safe for three to four days when properly refrigerated

In The Garden in November:

Try some of these November gardening tips in your yard:

- Plant trees, shrubs, and perennials before the ground freezes
- Make <u>leaf mold</u> compost out of fallen leaves and other organic matter
- Pull out any remaining weeds from your garden beds and vegetable garden
- Remove remains of dead annual plants and add to the compost
- Select some plants to leave for overwintering beneficial creatures
- Store potting soil for wintertime
- Find and prep spring <u>seed starting</u> supplies for your future flower garden
- Remove rotten fruit from branches and fallen fruit from the ground below fruit trees
- Clean <u>gardening tools</u> and sharpen them for early spring
- Gardening tools like a garden fork or shovel should be put away as you're readying your garden plants for winter
- Clean empty planter pots, window boxes, and containers
- Mulch <u>flower beds</u> with compost.
- Shred leaves with the lawnmower or a blower vac
- Plant spring bulbs that were left
- · Harvest frost-sweetened kale
- Cut back herbaceous perennials. leave some seed heads standing
- Pruning should be limited to dead/damaged/diseased/dying branches.
- Leave a few carrots, potatoes, and other veggies in the ground for Thanksgiving dinner

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- Winter spinach should start to be ready. You'll be able to have a spinach salad with Thanksgiving dinner
- Sharpen and oil garden tools (and add a few to your holiday wish list!)
- Birds and other animals will still rely on the food that comes from bird feeders in the winter, so make sure to keep restocking it for your feathered friends!
- As your garden starts to be covered in snow, invest in beautiful indoor plants to bring your garden indoors.

History Corner:

November 2, 1962 - During the <u>Cuban Missile Crisis</u>, President John F. Kennedy announced on TV, "the Soviet bases in Cuba are being dismantled

November 4, 1979 - About 500 young Iranian militants stormed the U.S. Embassy in Teheran, Iran, and took 90 hostages, including 52 Americans that they held captive for 444 days.

November 5, 1911 - Aviator C.P. Snow completed the first transcontinental flight across America **November 7, 1811** - General William H. Harrison led 1,000 Americans in battle, defeating the Shawnee Indians at the Battle of Tippecanoe Creek near Lafayette, Indiana.

November 7, 1989 - L. Douglas Wilder became the first African American governor in U.S. history, elected governor of Virginia.

November 8, 1942 - Operation Torch, the <u>Allied landings</u> in North Africa, began as 400,000 soldiers under the command of General Dwight D. Eisenhower landed at Morocco and Algeria.

November 9, 1965 - At 5:16 p.m., the Great Blackout of the Northeast began

November 10, 1775 - The U.S. Marine Corps was established as part of the U.S. Navy.

November 11th - Celebrated in the U.S. as Veterans Day (formerly called Armistice Day) with parades and military memorial ceremonies

November 15, 1777 - The Articles of Confederation were adopted by Continental Congress

November 17, 1800 - The U.S. Congress met for the first time in the new capital at Washington

November 19, 1863 - President Abraham Lincoln delivered the Gettysburg Address

November 19-20, 1990 - The Cold War came to an end during a summit in Paris

November 26, 1789 - The first American holiday occurred, proclaimed by President George Washington to be Thanksgiving Day

November 30, 1782 - A provisional peace treaty was signed between Great Britain and the United States heralding the end of <u>America's War of Independence</u>

Good Morning Bill,

The Lake Smith Terrace / Haygood Point / Governor Square Civic League invites you and your residents to our Tuesday, November 21, 2023, civic league meeting being held in the fellowship hall at Bayside Presbyterian Church. Our program speakers this month will be Congresswoman Jen Kiggans and Virginia Senator Bill DeSteph. Since they both represent a larger section of our area, we are extending an invitation to the residents of our neighboring civic leagues.

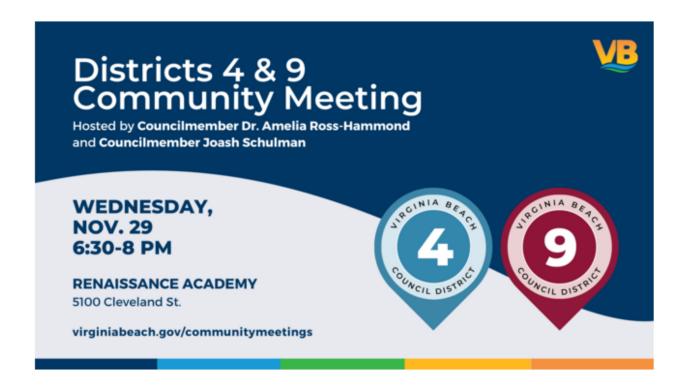
Bayside Presbyterian Church is located at 1400 Ewell Road - at the corner of Ewell and Independence Blvd. Use the entrance at the end of the church closest to Ewell Road. Refreshments will be available at 6:30 PM and the meeting called to order at 7:00 PM. Meeting agenda is attached.

Please share with your residents.

Best regards,

John Eason President LST/HP/GS Civic League, Inc. 757-642-4844

CITY NEWS:



City Calendar-

