



CYPT CA VB
MONTHLY
NEWSLETTER

The Point

22 January 2025



ASSOCIATION NEWS: Stay warm-The Polar Vortex is here.

CAC (Citizens Advisory Committee) Meeting: Our last meeting was on 16 January. Our guest speaker was Angeleigh Mitchell from the MYLA (Mayor's Youth Leaders in Action). These people have energized a large number of teen-aged youths in the community into a wide variety of volunteer and civic-minded organizations. They won numerous city, regional, and state awards and would be a worthy recipient of a donation going forward. We also had our usual presentation by Captain Elliot on local crime statistics. As at almost every meeting theft from motor vehicles leads the way. Lock your car doors every time you get out of them. Our next meeting is 20 February at 6:30PM at Williams Farm Recreation Center.

Association Meeting: Our Association meetings this year will be on Thursdays. The next one is on 13 February at the Cypress Point Country Club. Our guest speaker will be Justin Boyd. He is the developer and future landlord of the buildings going in at the Cypress Point shopping center. You won't want to miss this one. He'll be bringing in artists' renderings of what it will look like and answer some of your questions. We'll also have our liaison with the police, MPO Schoenbach, light refreshments, and a thrilling 50/50 raffle.

Website: Please check out our website from time to time. You'll find it located at: <https://cyptca.com/>

Bylaws Update: Also on the docket for the February meeting will be an official tabling of the new association bylaws developed by John Bilzor. Copies will be made available as well as a discussion. Most of the changes are administrative, in keeping with the state laws for non-stock corporations but there are a few substantive changes that I'll highlight. Voting on these bylaws will be at our May meeting.

Annual Hardcopy Newsletter: Very shortly you'll be seeing the annual hardcopy newsletter on your doorstep or inside your storm door (note: they can't go in or on your mailbox due to postal regulations). Please note the last page carries the form to sign up and pay your annual dues-still only \$15/year. We have a new snail mail address there as we have changed treasurers. And yes, our PayPal address if so-inclined to save a stamp.

SCAM Alert:



HSBC: A direct debit has
been set up for 299.99 GBP
to at 18:00 on
27/12. If you do not
recognise this reply "STOP"

The HSBC Scam Text

As we settle into the new year, cybercriminals are hard at work, crafting clever phishing scams to trick people into giving up their personal and financial information. Two scams making the rounds this January involve text messages from a spoofed HSBC number

The truth? The message isn't from HSBC at all. It's from scammers using something called "number spoofing" to make the text look legitimate. If you reply "STOP," you're not fixing the problem—you're opening the door for them to target you further. They might ask you to click a link or share [personal information](#), and before you know it, your details are in the wrong hands.

In the Garden:

It might be cold outside, but there are still plenty of jobs to do in the garden this month. Here are the main ones:

1. Put your new-year enthusiasm to good use by cleaning pots, tools, [water butts](#) and greenhouses in preparation for spring. It's not the most glamorous of tasks, but it will set you up for a great growing season.
2. Start planning what you want to do with your garden in the months to come. Now is the time to order seeds and plants from the comfort of your armchair (see below).
3. Check your winter protection is still working for you — survey any stakes, supports and ties that might have been damaged in bad weather.
4. Continue looking after wildlife — put out [wild birdfood](#) for hungry birds and continue to leave some areas of your garden uncut for shelter until the spring.
5. Prune your [wisteria](#) by cutting back whippy summer growth, leaving only 2 or 3 buds.
6. Prune [rose](#) bushes this month while they are still dormant. Cut branches back to just above a bud, making sure to remove any crossing or dead branches.
7. January is the month to start [pruning rhododendrons](#). Read our guide to learn more.
8. If your [honeysuckle](#) is very overgrown, now is the best time to prune and cut back hard to encourage healthy, new growth this spring.
9. Cut back ornamental [grasses](#). Clip back the old foliage from before new growth begins - cut back to within a few centimetres of the ground.
10. Tidy up [perennials](#). Cut down the old stems of perennial plants like [sedum](#) - be careful of any new growth.
11. Remove old [hellebore](#) leaves to expose the new blooms as they emerge this spring.
12. Cut back willow trees. Remove any damaged or diseased stems. Take out the oldest stems of brightly coloured willows, and thin out any overcrowding.
13. Remove any faded flowers from your [winter pansies](#) to stop them setting seed.
14. Keep harvesting your [parsnips](#) and leeks as you need them.
15. Protect potato grow bags with [frost protection fleece](#) on cold nights if your greenhouse is unheated.
16. Remove yellowing leaves from winter [brassicas](#) - they don't help the plant and can even harbour pests and diseases.
17. Prepare the ground for early [peas](#). Place a cloche over the soil this month, to warm up the ground a few weeks before sowing.

History Corner:

January 1, 1776 - During the [American Revolution](#), George Washington unveiled the Grand Union Flag, the first national flag in America.

January 1, 1863 - The [Emancipation Proclamation](#) by President Abraham Lincoln freed the slaves in the states rebelling against the Union.

January 3, 1777 - During the [American Revolution](#), General George Washington defeated the British at Princeton.

January 8, 1815 - The [Battle of New Orleans](#) occurred as General Andrew Jackson and American troops defended themselves against a British attack-a major victory that actually occurred after a peace treaty was signed in Europe.

January 8, 1918 - Amid the ongoing World War in Europe, President [Woodrow Wilson](#) proposed his Fourteen Points, calling for a reduction of arms.

January 10, 1776 - [Common Sense](#), a fifty page pamphlet by Thomas Paine, was published.

January 14-23, 1943 - President Franklin Roosevelt and British Prime Minister Winston Churchill met at Casablanca in Morocco to work on strategy during WW2.

January 16, 1991 - The war against Iraq began as Allied aircraft conducted a major raid against Iraqi air defenses.

January 21, 1954 - The *USS Nautilus*, the world's first nuclear powered submarine, was launched at Groton, Connecticut.

January 24, 1848 - The California gold rush began with the accidental discovery of the precious metal near Coloma during construction of a Sutter's sawmill.

January 28, 1915 - The U.S. Coast Guard was created by an Act of Congress, combining the Life Saving Service and the Revenue Cutter Service.

A new section: A little more in-depth on one of the critical battles above.

The Battle of Princeton, NJ, 3 January 1777: Everybody knows about George Washington crossing the icy Delaware River in the dead of winter at Christmas 1776 and the victory at Trenton-but not many people know he crossed again 10 days later on January 3rd 1777 and encountered the British, this time at Princeton. This battle was a close-run thing. George almost got killed and personally rallied his men who were on the verge of running away. Taken together, Trenton and Princeton were a big morale boost to the Continental Army. Many historians think that the winter campaign in NJ was General Washington's finest tactical showing.

CYPT Crime Stats Year to Date:

The Virginia Beach Open Data Portal shows no crime incidents for Cypress Point in December 2024 or to this point in 2025. I'm not sure if that's a true statistic or if the portal hasn't been properly updated. I'll let it go another month and if this time in February it isn't updated I'll raise you know what.

VBCCO NEWS: The VBCCO meets the third Wednesday of the month at the Bow Creek Recreation Center at 6:30 PM. All are welcome. Last month the intended guest speaker was the Coordinator of the city's new high-tech crime data center. Unfortunately this had to be re-scheduled. This is a good way to see what's going on with development projects in the city and the "master plan"-the Comprehensive Plan which is being updated. The meetings are free. Next one is 19 February.



BE PREPARED FOR A WINTER STORM

Winter storms create a higher risk of car accidents, hypothermia, frostbite, carbon monoxide poisoning, and heart attacks from overexertion.

FEMA
FEMA V-1014/June 2018

Winter storms and blizzards can bring extreme cold, freezing rain, snow, ice, and high winds.

 **Greater risk**

 **Can last a few hours or several days**

 **Can knock out heat, power, and communication services**

IF YOU ARE UNDER A WINTER STORM WARNING, FIND SHELTER RIGHT AWAY

Stay off roads.			Use generators outside only.
Stay indoors and dress warmly.			Listen for emergency information and alerts.
Prepare for power outages.			Look for signs of hypothermia and frostbite.
			Check on neighbors.

HOW TO STAY SAFE WHEN A WINTER STORM THREATENS



Know your area's risk for winter storms. Extreme winter weather can leave communities without utilities or other services for long periods of time.

Prepare your home to keep out the cold with insulation, caulking, and weather stripping. Learn how to keep pipes from freezing. Install and test smoke alarms and carbon monoxide detectors with battery backups.

Pay attention to weather reports and warnings of freezing weather and winter storms. Sign up for your community's warning system. The Emergency Alert System (EAS) and National Oceanic and Atmospheric Administration (NOAA) Weather Radio also provide emergency alerts.

Gather supplies in case you need to stay home for several days without power. Keep in mind each person's specific needs, including medication. Do not forget the needs of pets. Have extra batteries for radios and flashlights.

Create an emergency supply kit for your car. Include jumper cables, sand, a flashlight, warm clothes, blankets, bottled water, and non-perishable snacks. Keep the gas tank full.

Learn the signs of and basic treatments for frostbite and hypothermia. For more information, visit: www.cdc.gov/disasters/winter/staysafe/index.html.



Stay off roads if at all possible. If trapped in your car, stay inside.

Limit your time outside. If you need to go outside, wear layers of warm clothing. Watch for signs of frostbite and hypothermia.

Avoid carbon monoxide poisoning. Only use generators and grills outdoors and away from windows. Never heat your home with a gas stove top or oven.

Reduce the risk of a heart attack. Avoid overexertion when shoveling snow.

Watch for signs of frostbite and hypothermia and begin treatment right away.

Check on neighbors. Older adults and young children are more at risk in extreme cold.



Frostbite causes loss of feeling and color around the face, fingers, and toes.

- **Signs:** Numbness, white or grayish-yellow skin, and firm or waxy skin.

- **Actions:** Go to a warm room. Soak in warm water. Use body heat to warm. Do not massage or use a heating pad.

Hypothermia is an unusually low body temperature. A temperature below 95 degrees is an emergency.

- **Signs:** Shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech, and drowsiness.

- **Actions:** Go to a warm room. Warm the center of the body first—chest, neck, head, and groin. Keep dry and wrapped up in warm blankets, including the head and neck.



Take an Active Role in Your Safety

Go to Ready.gov and search for **winter storm**. Download the **FEMA app** to get more information about preparing for a **winter storm**.

City News: City Calendar

SUN	Jan 19	MON	Jan 20	TUE	Jan 21	WED	Jan 22	THU	Jan 23	FRI	Jan 24	SAT	Jan 25
No Events	No Events			Arts & Humanities Commission Grant Workshop 2	City Council Informal and Formal Session	Canceled: VBCDC Board Meeting	Canceled: TA/ITA Citizens Advisory Committee Meeting	Transportation, Parking & Pedestrian Committee (TPPC) meeting	3+ CITY COUNCIL MEMBERS	No Events	No Events		
				3+ SHORT TERM RENTAL ENFORCEMENT TASK FORCE MEMBERS				Wetlands Board Informal Hearing					
				See More				Wetlands Board Formal Hearing	See More				

SUN	Jan 26	MON	Jan 27	TUE	Jan 28	WED	Jan 29	THU	Jan 30	FRI	Jan 31	SAT	Feb 1
No Events	Chesapeake Bay Preservation Area Board Informal Hearing	Community Policy Management Team (CPMT) Meeting	Chesapeake Bay Preservation Area Board Public Hearing	Arts & Humanities Commission Grant Workshop 4	Mayor's Commission on Aging	Process Improvement Steering Committee	Arts & Humanities Commission Grant Workshop 5	RAC's Oceanfront Enhancement Committee (OEC) Meeting	3+ CITY COUNCIL MEMBERS	Public Art Committee Meeting	3+ ARTS AND HUMANITIES COMMISSION MEMBERS	No Events	
								3+ RESORT ADVISORY COMMISSION MEMBERS					

SUN	Feb 2	MON	Feb 3	TUE	Feb 4	WED	Feb 5	THU	Feb 6	FRI	Feb 7	SAT	Feb 8
No Events	Beaches and Waterways Advisory Commission		RAC Planning & Design Review Committee (PDRC)	3+ CITY COUNCIL MEMBERS	Resort Investment Committee (RIC)	Board of Zoning Appeals (BZA) Van Trip	Board of Zoning Appeals (BZA) Informal Session	Parks & Recreation Commission Meeting	Planning Commission Site Visits	No Events	No Events		
							See More	Resort Advisory Commission (RAC)	3+ CITY COUNCIL MEMBERS				
								See More					

SUN	Feb 9	MON	Feb 10	TUE	Feb 11	WED	Feb 12	THU	Feb 13	FRI	Feb 14	SAT	Feb 15
No Events	<div><div><div></div><div>Cannabis Advisory Task Force</div></div></div>	<div><div><div></div><div>Active Transportation Committee Meeting</div></div></div>	<div><div><div></div><div>Virginia Beach Development Authority</div></div></div>	3+ CITY COUNCIL MEMBERS		<div><div><div></div><div>Planning Commission Informal Briefing</div></div></div>	<div><div><div></div><div>Planning Commission Formal Hearing</div></div></div>	<div><div><div></div><div>Developmental Services Committee Meeting</div></div></div>	<div><div><div></div><div>Minority Business Council (MBC)</div></div></div>	No Events			
						<div><div><div></div><div>MBC Minority Awareness Committee Meeting</div></div></div>	<div><div><div></div><div>Bayfront Advisory Commission</div></div></div>	<div><div><div></div><div>Behavioral Health Committee Meeting</div></div></div>	<div><div><div></div><div>Flood Prevention Bond Referendum Oversight Board</div></div></div>				
								<div><div><div></div><div>Old Beach Design Review Committee</div></div></div>					

Virginia Beach Summer Youth Employment Program Offers Opportunities for Growth and Experience

Applications for the 2025 eight-week program now open

Virginia Beach residents ages 16-21 can now apply for the 2025 Summer Youth Employment Program (SYEP). Virginia Beach Parks & Recreation's (VBPR) Youth Opportunities Office encourages youth to apply for the program to develop skills, set career goals, earn money and become financially empowered with a meaningful summer job.

In 2024, SYEP employed 137 individuals across 17 city agencies and six private businesses. Interested applicants looking for a summer job that provides experience, mentorship, coaching and more should apply by March 12 at [VirginiaBeach.gov/syep](https://virginiabeach.gov/syep).

"We strive to match each participant with a department and in a program area that best fits their interests and goals for their future," said Michael Kirschman, VBPR director. "It is a great opportunity for youth to get involved and have an impact in their local community."

Participants in the program work 27 hours per week during the eight-week program, June 16-Aug. 6. Orientation will take place June 16-20. Applicants will be screened, interviewed and matched with prospective employers by SYEP staff. Workplace readiness, financial empowerment training and career coaching are also provided during the orientation and throughout the entire program.

For additional information about becoming an SYEP participant, please contact Trey Calloway at [757-385-0432](tel:757-385-0432) or email SYEP@vb.gov.

Virginia Beach Development Authority Awards Over \$136,000 in Small Business Grants

16 Businesses Each Received Grants of up to \$10,000

From cutting-edge eye care technology to innovative youth automotive training, 16 local businesses are set to revolutionize their operations thanks to a total of \$136,530 in Small Business Grants from the Virginia Beach Development Authority (VBDA). These strategic investments will catalyze small business growth across the city.

The Virginia Beach Development Authority launched the Small Business Grant Program in September 2024 to support small-, women-, minority-, veteran-, and disabled veteran-owned businesses in the city. The program offers grants of up to \$10,000 to qualifying businesses, providing essential funding to help local entrepreneurs expand and drive economic growth within the community.

"Virginia Beach's entrepreneurial spirit is getting a significant boost," said Virginia Beach Deputy City Manager Amanda Jarratt. "These grants are fuel for innovation, job creation and economic vitality in our community."

A total of 16 businesses from various districts have been awarded grants, enabling growth across multiple sectors, including technology, education, physical expansion and marketing. These investments will support the development of new products, services and infrastructure, creating lasting contributions to the local economy.



Financial Review: On 27 January we'll be conducting our annual financial review, assisted by an outside, independent person. The review summary as well as our estimated 2025 Budget will be presented at the 13 February general meeting.

CYPRESS POINT MEMBERSHIP APPLICATION

Annual Dues are \$15.00
(January to December)
Make check payable to
CYPT CA VB

NEW

RENEW

NAME: _____

ADDRESS: _____

PHONE: _____

eMAIL: _____

I'm interested in volunteering for:

Association Officer: _____

Emergency Response Team: _____

Neighborhood Watch: _____

Newsletter: _____

Events/Contests/Food Drive: _____

Welcome Committee: _____

MAIL TO:

TREASURER
CYPT CA VB at

1228 Smith
Cove Circle

Routine correspondence
should be sent to
cyptca@gmail.com

Advertising rates: Full page
\$150 half-page \$75, Quarter
page \$40, business card \$25

Look for us on Facebook at
[https://www.facebook.com/](https://www.facebook.com/CYPTCA/)
[CYPTCA/](https://www.facebook.com/CYPTCA/) or visit our webpage
at www.cyptca.com

Dues can also be paid through
the association's PayPal
account. It is secure, free, and
doesn't require you to have
your own account.

Goto
[https://www.paypal.com/ncp/](https://www.paypal.com/ncp/payment/2BMN9A4AUV72)
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